

<b>HEALTH AND WELLBEING BOARD</b>			
<b>Report Title</b>	<b>Health and Wellbeing Strategy Refresh 2015-2018</b>		
<b>Contributors</b>	Director of Public Health	Item No.	8D
<b>Class</b>	Part 1	Date:	24 <sup>th</sup> November 2015
<b>Strategic Context</b>	Please see body of report		
<b>Pathway</b>	Health and Wellbeing Strategy Implementation Group Action Plan was considered as an information item by the Health and Wellbeing Board on 19 <sup>th</sup> May 2015		

## **1. Purpose**

This report provides members of the Health and Wellbeing Board with an updated Refresh of the Health and Wellbeing Strategy for 2015-18.

## **2. Recommendations**

Members of the Health and Wellbeing Board are recommended to approve the updated Health and Wellbeing Strategy refresh (Appendix 1) which incorporates the amendments following the Health and Wellbeing Board on 22<sup>nd</sup> September 2015 and to ask the Strategy Implementation Group to develop an implementation plan to deliver the priorities for action identified in the strategy refresh.

## **3. Strategic Context**

- 3.1 The Health and Social care Act 2012 established health and wellbeing boards as a forum where key leaders from the health and care system work together to improve the health and wellbeing of their local population and reduce health inequalities. The activity of the Health and Wellbeing Board is focused on delivering the strategic vision for Lewisham as established in Shaping our Future – Lewisham’s Sustainable Community Strategy, and in Lewisham’s Health and Wellbeing Strategy.
- 3.2 The work of the Board directly contributes to the priority outcome in Shaping our Future that communities in Lewisham should be Healthy, Active and Enjoyable – where people can actively participate in maintaining and improving their health and wellbeing.
- 3.3 The Health and Social Care Act 2012 placed a duty on local authorities and their partner clinical commissioning groups to prepare and publish joint health and wellbeing strategies to meet needs identified in their joint strategic needs assessments (JSNAs). Lewisham’s Health and Wellbeing Strategy was published in 2013.
- 3.4 The Health and Social Care Act also required health and wellbeing boards to encourage persons who arrange for the provision of any health or social services in the area to work in an integrated manner, for the purpose of advancing the health and wellbeing of the area.

- 3.5 The Better Care Fund (BCF) sits as part of a wider strategic approach and the focus of this work is to establish better co-ordinated and planned care closer to home, thus reducing demand for emergency/crisis care in acute settings and preventing people from requiring mental health and social care services.

#### 4. Background

- 4.1 Lewisham's ten year health and wellbeing strategy was published in 2013. It identified nine long term **priority outcomes** for Lewisham:

- 1 Achieving a healthy weight
- 2 Increasing the number of people who survive colorectal, breast and lung cancer at 1 and 5 years
- 3 Improving immunisation uptake
- 4 Reducing alcohol harm
- 5 Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking
- 6 Improving mental health and wellbeing
- 7 Improving sexual health
- 8 Delaying and reducing the need for long term care and support
- 9 Reducing the number of emergency admissions for people with long term conditions

- 4.2 In the period from 2013 to April 2015, significant progress was achieved for each of the nine ten year priority outcomes of the strategy. The Board asked the Strategy Implementation Group to take stock of the progress made, and at the same time to consider how a programme of actions for the next three years could support delivery of key national and local policies and programmes published since the original health and wellbeing strategy was developed. These include the NHS five year Forward View, the Care Act, the Our Healthier South East London Consolidated Strategy, Lewisham's Adult Integrated Care Programme, and Lewisham's new Children & Young People's Plan.

- 4.3 While the Board will continue to monitor progress using our H&WB Outcomes Dashboard and ensure that existing delivery groups and plans work effectively to deliver the original 9 priority outcomes within the resources available, the Board now wants to provide a greater strategic focus on a smaller number of actions where collective and concerted effort by the Health and Wellbeing Board member organisations, in partnership with other stakeholders, and working with our local communities, could bring about significant population level improvements in Health and Wellbeing.

#### 5. Health and Wellbeing Strategy Refresh

- 5.1 Over the last six months a series of Board workshops and stakeholder engagement events have taken place. They confirmed that our ten year strategy has not changed: our vision remains to achieve health and wellbeing for all residents by 2023. They also generated a strong consensus that the best way to make progress over the next three years towards realising this vision is by preventing ill-health, maintaining good health and keeping more people well and independent throughout their life course. This will require a much greater focus on creating the conditions that make healthier lifestyle choices easier for individuals and families, and providing the support for older people and those with disabilities to live well and independently for as long as they can.

5.2 In order to prevent ill health and promote wellbeing and independence the board and its partners identified a clear need for an integrated health and social care system and stronger communities. What also emerged from discussions is the need for simultaneous joined up action across the following 'fronts:

- integration of physical and mental health services;
- Integration of health and social care;
- Integration of care and prevention;
- Integration of primary and second health services (including community services);
- building on the strong and active communities that already exist in Lewisham, to mobilise their efforts and support them to help each other to make changes in their daily lives, and empower them to take control over their health and wellbeing.

5.3 Following the engagement activity with stakeholders and the discussions by the Board, the three interdependent broader priorities have been identified for 2015-18:

- 1) To accelerate the integration of care
- 2) To shift the focus of action and resources to preventing ill health and promoting independence
- 3) Supporting our communities and families to become healthy and resilient

5.4 Our refreshed strategy can be summarised in the following narrative:

We will ACT at the level of: populations, communities, individuals and families

THROUGH: healthy public policy, community development, new neighbourhood care networks, making every contact count, self care and self management

TO: accelerate the integration of care, to prevent ill health and promote independence, and to support healthy and resilient communities

IN ORDER TO: improve and maintain health and wellbeing and reduce health inequalities.

## **6. Financial implications**

There are no specific financial implications arising from this report.

## **7. Legal implications**

As part of their statutory functions, members of the Board are required to encourage persons who arrange for the provision of any health or social services in the area to work in an integrated manner, for the purpose of advancing the health and well-being of the area and to encourage persons who arrange for the provision of health-related services in its area to work closely with the Health and Wellbeing Board.

## 8. **Crime and Disorder Implications**

There are no specific crime and disorder implications arising from this report or its recommendations

## 9. **Equalities Implications**

There are no specific equalities implications arising from this report or its recommendations, but the dashboard highlights those areas where health inequalities in Lewisham can be monitored.

## 11. **Environmental Implications**

There are no specific environmental implications arising from this report or its recommendations.

## 12. **Summary and Conclusion**

This refresh (see Appendix 1) provides a greater strategic focus on a smaller number of short term **priorities for action** over the next three years:

1. **to accelerate the integration of care;**
2. **to shift the focus of action and resources to preventing ill health and promoting independence;**
3. **supporting our communities and families to become healthy and resilient.**

Collective and concerted action on these three priorities, working with our local communities, could bring about significant population level improvements over the next three years across all nine priority outcome areas. At the same time these priorities align with, and support delivery of, key national and local policies and programmes. These include the NHS five year Forward View, the Care Act, the Our Healthier South East London Consolidated Strategy, Lewisham's Adult Integrated Care Programme, and Lewisham's new Children & Young People's Plan. All these policies and programmes prioritise integration, prevention, collective action and stronger communities.

If you have any difficulty in opening the links above or those within the body of the report, please contact Andy Thomas ([andy.thomas@lewisham.gov.uk](mailto:andy.thomas@lewisham.gov.uk); 020 8314 9996), who will assist.

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